

Trust God & Follow the Holy Spirit



Walk With Him

Simple notes to remember the teaching, apply it this week, and refer back to the video when needed.



STUDY TIP Read one section at a time. Review the scriptures and revisit the video.

1 TRUST GOD & GUARD YOUR HEART

Scripture: Proverbs 3:5

Trust the Lord with your whole heart. Fill your heart with God's Word rather than depending only on your own understanding.

Remember: Let God's Word shape what you believe and how you respond.



Video: 1:59 - 5:29

2 WELCOME THE HOLY SPIRIT'S GUIDANCE

Scripture: John 16:13

The Holy Spirit is the Spirit of Truth. He guides and comforts believers. Make room for Him and respond willingly to His leading.

Remember: Pause, welcome His guidance, and listen before you act.



Video: 13:12 - 20:25

3 BUILD YOUR FAITH THROUGH PRAYER

Scriptures: Jude 1:20; 1 Corinthians 14:14

Praying in the Spirit builds up your faith. Quiet your mind, stay spiritually alert, and listen for the Holy Spirit's guidance.

Remember: Make prayer a daily practice and give God your attention.



Video: 30:58 - 39:27; 46:58 - 50:17

4 LIVE BY GOD'S TRUTH

Review: John 16:13; Proverbs 3:5

Move beyond trial-and-error living by following the Holy Spirit. Bring your choices to God and let His truth guide you beyond your feelings.

Remember: Ask, 'Am I following God's truth or only my feelings?'



Video: 52:46 - 56:50

SCRIPTURES TO STUDY



- Proverbs 3:5
- John 16:13
- Jude 1:20
- 1 Corinthians 14:14



THIS WEEK'S TAKEAWAY

Trust God, guard your heart, and make room for the Holy Spirit each day.

Put it into practice: Read the scriptures above, take time to pray, and bring one decision to God before acting.

Prayer: Holy Spirit, help me trust God, receive Your guidance, and walk in His truth each day. Amen.



Watch the Full Teaching Here: <https://www.youtube.com/live/lqV-Bb7l3u0>

For a deeper understanding of these notes, go back and watch the full teaching.

Girls Sweetheart Ministries | Study Notes